

MEET THE RECOVERY COACHES



ALEXANDRA CESTONI



VIC ROMAN

JOIN US AS WE CELEBRATE RECOVERY MONTH WITH AN EVENING OF FOOD, CONNECTION, AND REAL STORIES OF RECOVERY. COME MEET OUR NEW RECOVERY COACHES, HEAR THEIR PERSONAL JOURNEYS, AND LEARN MORE ABOUT THE SUPPORT AVAILABLE WITHIN OUR COMMUNITY.

THIS SPACE IS FOR YOU IF...

- YOU'RE IN OR CONSIDERING RECOVERY
- YOU SUPPORT SOMEONE IN RECOVERY
- YOU'RE LOOKING FOR SUPPORT OR CONNECTION
- YOU WANT TO CELEBRATE RECOVERY

WHAT TO EXPECT

- 🍴 FREE DINNER
- 🤝 MEET OUR NEW RECOVERY COACHES
- 🌱 HOPE, SUPPORT & RESOURCES

**COME AS YOU ARE.
LEAVE FEELING
CONNECTED.**

SEPTEMBER 28TH, 2026

4:30 PM | LAKE OF ISLES

**PLEASE RSVP WITH SHYLIA BARNES AT
SBARNES@MPTN-NSN.GOV**

MEET THE RECOVERY COACHES



ALEXANDRA CESTONI



Hello Everyone!

My name is Alexandra, and I am honored and grateful to be joining the tribe as one of the new Recovery Coaches!

I grew up here in Connecticut, and I enjoy exploring all that New England has to offer through hiking, fishing, and camping adventures. Outside of work, I love spending time with my family, gardening, cooking and baking, creating art, and staying involved in outreach within my community.

I began my own journey in recovery in 2021, which inspired me to learn more about substance use and the many ways we can support individuals as they navigate their own paths to recovery. My experiences have given me the opportunity to work alongside people from many different backgrounds and circumstances. Prior to joining MPTN, I worked with individuals preparing to transition out of incarceration and also served as a Harm Reduction Specialist, providing safer-use supplies and support through a Syringe Services Program.

I am incredibly grateful for the opportunity to be part of this community and to work alongside such an amazing family. I look forward to getting to know everyone, building connections, and being a source of support along the way.

Please feel free to reach out to me anytime. Whether you or someone you know is looking for support, resources, or simply a safe and judgment-free place to have a conversation, I am here and would be happy to connect.

I can't wait to meet everyone and begin this journey together!

MEET THE RECOVERY COACHES



VIC ROMAN

Hello All!

My name is Vic, and I am truly honored and grateful to be joining this community as one of the Recovery Coaches.

I was born in Puerto Rico and moved to Connecticut when I was seven years old. I come from a big family, and spending time with my loved ones is something I value deeply.

I was introduced to recovery in 2018, and that experience became a turning point in my life. It ultimately led me to discover a passion for supporting others on their own journeys of recovery. Today, I feel incredibly blessed to have the opportunity to turn that passion into purpose as a Recovery Coach.

Throughout my work, I have had the privilege of supporting individuals from all walks of life who are struggling with addiction and navigating recovery. My experience has included working within the court system, the Department of Corrections (DOC), halfway houses, homeless shelters, and inpatient rehabilitation settings. Each experience has strengthened my belief that recovery looks different for everyone, and that connection, compassion, and understanding can make a meaningful difference.

I am extremely honored and grateful for the opportunity to be part of this community and family. I look forward to getting to know each of you and building meaningful connections along the way.

Please feel free to reach out and introduce yourself. I would love the opportunity to connect, get to know you, and begin a conversation about what it means to approach the journey of recovery from a different perspective.

I'm grateful for the opportunity to connect with you all and walk alongside you on this journey!